

CENTACARE FRS PRE-MARRIAGE EDUCATION - PROGRAM OULTINES

PRE-MARRIAGE EDUCATION – GROUP PROGRAM

Presented as a one day course (Saturday 8.45am – 4.30pm).

The purpose of the group course is to allow couples time to reflect upon and share with each other their thoughts, feelings, beliefs and values regarding their relationship and themselves. The course provides research based information, skills and strategies which will assist the couple's relationship to grow and flourish. Couples are provided with ample opportunities to privately discuss the relevance of this research to their situation and to practice these skills.

As part of the course, individual workbooks are used for personal reflection along with couple, small and large group discussions and experiential activities. While there are some activities that involve conversations with others, **no sharing of personal information with other couples is required.**

Cost for 2018 is \$275.00 including all resources, refreshments and lunch.

Further information and registrations for PME Group program can be accessed on-line via Centacare FRS's website: - www.centacarebrisbane.net.au and by following the link to Pre-Marriage Education.

PRE-MARRIAGE EDUCATION – FOCCUS PROGRAM

Presented over three one hour sessions, over a three week period, as per schedule.

This highly regarded program involves the couple working with a trained and accredited educator in three one-hour private sessions over a three week period using the FOCCUS pre-marriage inventory. This process of facilitated discussion enables couples to explore their relationship strengths and areas for development. This is a personalised program and may be more suitable than the group program for couples entering second marriages, for couples with children, those who have English as a second language or for those couples in long-term or cohabiting relationships.

Please note that this program needs to be completed at least two months prior to the wedding. A schedule of after hour's course times is attached. Day appointment times during office hours can be negotiated by contacted Centacare directly. After hours sessions are highly sought after and are often booked out well in advance. We would appreciate if you could advise couples of this, and invite them to register soon after speaking with you to ensure their preferred times.

The cost of the FOCCUS program is \$310.00 per couple.

Further information and registrations for the FOCCUS program can be accessed on-line via Centacare FRS's website: - www.centacarebrisbane.net.au and by following the link to Pre-Marriage Education.

RE-FOCCUS-MARRIAGE ENRICHMENT PROGRAM

This is an effective and enjoyable marriage and relationship enrichment program, either for individual couples with an educator, or in a group. It is **not** a counselling program. If couples from your parish wanted to organise a group, we would be happy to discuss this with them.

The cost of the ReFOCCUS program is \$200.00 per couple.

Centacare FRS

Pre-Marriage Education Group Program

2018 Dates

	SATURDAY COURSE DATES	VENUE
PME.A01/2018	6th January 2018	Fortitude Valley
PME.A02/2018	20th January 2018	Fortitude Valley
PME.A03/2018	10 th February 2018	Fortitude Valley
PME.A04/2018	24 th February 2018	Fortitude Valley
PME.A05/2018	10 th March 2018	Fortitude Valley
PME.A06/2018	24 th March 2018	Fortitude Valley
PME.A07/2018	14 th April 2018	Fortitude Valley
PME.A08/2018	28 th April 2018	Fortitude Valley
PME.A09/2018	12 th May 2018	Fortitude Valley
PME.A10/2018	26 th May 2018	Fortitude Valley
PME.A11/2018	16 th June 2018	Fortitude Valley
PME.A12/2018	30th June 2018	Fortitude Valley
PME.A13/2018	14 th July 2018	Fortitude Valley
PME.A14/2018	28 th July 2018	Fortitude Valley
PME.A15/2018	11 th August 2018	Fortitude Valley
PME.A16/2018	25 th August 2018	Fortitude Valley
PME.A17/2018	15 th September 2018	Fortitude Valley
PME.A18/2018	6 th October 2018	Fortitude Valley
PME.A19/2018	27 th October 2018	Fortitude Valley
PME.A20/2018	17 th November 2018	Fortitude Valley
PME.A21/2018	1 st December 2018	Fortitude Valley

Course Venue:-

Centacare FRS – Conference Room
St Patrick's Church Grounds
58 Morgan Street, Fortitude Valley, Queensland 4006

Centacare FRS

Pre-Marriage Education FOCCUS Program

2018 Tuesday Course Dates

Course Code	Session One	Session Two	Session Three	Course Times
Tuesday-FOC. A01/2018	16.1.2018	23.1.2018	30.1.2018	5.15 – 6.15pm
Tuesday-FOC. A02/2018	16.1.2018	23.1.2018	30.1.2018	6.30 – 7.30pm
Tuesday-FOC. A03/2018	6.2.2018	13.2.2018	20.2.2018	5.15 – 6.15pm
Tuesday-FOC. A04/2018	6.2.2018	13.2.2018	20.2.2018	6.30 – 7.30pm
Tuesday-FOC. A05/2018	27.2.2018	6.3.2018	13.3.2018	5.15 – 6.15pm
Tuesday-FOC. A06/2018	27.2.2018	6.3.2018	13.3.2018	6.30 – 7.30pm
Tuesday-FOC. A07/2018	20.3.2018	27.3.2018	3.4.2018	5.15 – 6.15pm
Tuesday-FOC. A08/2018	20.3.2018	27.3.2018	3.4.2018	6.30 – 7.30pm
Tuesday-FOC. A09/2018	10.4.2018	17.4.2018	1.5.2018	5.15 – 6.15pm
Tuesday-FOC. A10/2018	10.4.2018	17.4.2018	1.5.2018	6.30 – 7.30pm
Tuesday-FOC. A11/2018	8.5.2018	15.5.2018	22.5.2018	5.15 – 6.15pm
Tuesday-FOC. A12/2018	8.5.2018	15.5.2018	22.5.2018	6.30 – 7.30pm
Tuesday-FOC. A13/2018	29.5.2018	5.6.2018	12.6.2018	5.15 – 6.15pm
Tuesday-FOC. A14/2018	29.5.2018	5.6.2018	12.6.2018	6.30 – 7.30pm
Tuesday-FOC. A15/2018	19.6.2018	26.6.2018	3.7.2018	5.15 – 6.15pm
Tuesday-FOC. A16/2018	19.6.2018	26.6.2018	3.7.2018	6.30 – 7.30pm
Tuesday-FOC. A17/2018	10.7.2018	17.7.2018	24.7.2018	5.15 – 6.15pm
Tuesday-FOC. A18/2018	10.7.2018	17.7.2018	24.7.2018	6.30 – 7.30pm
Tuesday-FOC. A19/2018	31.7.2018	7.8.2018	14.8.2018	5.15 – 6.15pm
Tuesday-FOC. A20/2018	31.7.2018	7.8.2018	14.8.2018	6.30 – 7.30pm
Tuesday-FOC. A21/2018	21.8.2018	28.8.2018	4.9.2018	5.15 – 6.15pm
Tuesday-FOC. A22/2018	21.8.2018	28.8.2018	4.9.2018	6.30 – 7.30pm
Tuesday-FOC. A23/2018	11.9.2018	18.9.2018	25.9.2018	5.15 – 6.15pm
Tuesday-FOC. A24/2018	11.9.2018	18.9.2018	25.9.2018	6.30 – 7.30pm
Tuesday-FOC. A25/2018	2.10.2018	9.10.2018	16.10.2018	5.15 – 6.15pm
Tuesday-FOC. A26/2018	2.10.2018	9.10.2018	16.10.2018	6.30 – 7.30pm
Tuesday-FOC. A27/2018	23.10.2018	30.10.2018	6.11.2018	5.15 – 6.15pm
Tuesday-FOC. A28/2018	23.10.2018	30.10.2018	6.11.2018	6.30 – 7.30pm
Tuesday-FOC. A29/2018	13.11.2018	20.11.2018	27.11.2018	5.15 – 6.15pm
Tuesday-FOC. A30/2018	13.11.2018	20.11.2018	27.11.2018	6.30 – 7.30pm

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Please contact Centacare directly for day (office hour’s) appointments, which can be negotiated to suit individual need.

Centacare FRS

Pre-Marriage Education FOCCUS Program

2018 Thursday Course Dates

Course Code	Session One	Session Two	Session Three	Course Times
Thursday-FOC. B01/2018	1.2.2018	8.2.2018	15.2.2018	5.15 – 6.15pm
Thursday-FOC. B02/2018	1.2.2018	8.2.2018	15.2.2018	6.30 – 7.30pm
Thursday-FOC. B03/2018	22.2.2018	1.3.2018	8.3.2018	5.15 – 6.15pm
Thursday-FOC. B04/2018	22.2.2018	1.3.2018	8.3.2018	6.30 – 7.30pm
Thursday-FOC. B05/2018	15.3.2018	22.3.2018	29.3.2018	5.15 – 6.15pm
Thursday-FOC. B06/2018	15.3.2018	22.3.2018	29.3.2018	6.30 – 7.30pm
Thursday-FOC. B07/2018	5.4.2018	12.4.2018	19.4.2018	5.15 – 6.15pm
Thursday-FOC. B08/2018	5.4.2018	12.4.2018	19.4.2018	6.30 – 7.30pm
Thursday-FOC. B09/2018	26.4.2018	3.5.2018	10.5.2018	5.15 – 6.15pm
Thursday-FOC. B10/2018	26.4.2018	3.5.2018	10.5.2018	6.30 – 7.30pm
Thursday-FOC. B11/2018	17.5.2018	24.5.2018	31.5.2018	5.15 – 6.15pm
Thursday-FOC. B12/2018	17.5.2018	24.5.2018	31.5.2018	6.30 – 7.30pm
Thursday-FOC. B13/2018	7.6.2018	14.6.2018	21.6.2018	5.15 – 6.15pm
Thursday-FOC. B14/2018	7.6.2018	14.6.2018	21.6.2018	6.30 – 7.30pm
Thursday-FOC. B15/2018	28.6.2018	5.7.2018	12.7.2018	5.15 – 6.15pm
Thursday-FOC. B16/2018	28.6.2018	5.7.2018	12.7.2018	6.30 – 7.30pm
Thursday-FOC. B17/2018	19.7.2018	26.7.2018	2.8.2018	5.15 – 6.15pm
Thursday-FOC. B18/2018	19.7.2018	26.7.2018	2.8.2018	6.30 – 7.30pm
Thursday-FOC. B19/2018	9.8.2018	16.8.2018	23.8.2018	5.15 – 6.15pm
Thursday-FOC. B20/2018	9.8.2018	16.8.2018	23.8.2018	6.30 – 7.30pm
Thursday-FOC. B21/2018	30.8.2018	6.9.2018	13.9.2018	5.15 – 6.15pm
Thursday-FOC. B22/2018	30.8.2018	6.9.2018	13.9.2018	6.30 – 7.30pm
Thursday-FOC. B23/2018	20.9.2018	27.9.2018	4.10.2018	5.15 – 6.15pm
Thursday-FOC. B24/2018	20.9.2018	27.9.2018	4.10.2018	6.30 – 7.30pm
Thursday-FOC. B25/2018	11.10.2018	18.10.2018	25.10.2018	5.15 – 6.15pm
Thursday-FOC. B26/2018	11.10.2018	18.10.2018	25.10.2018	6.30 – 7.30pm
Thursday-FOC. B27/2018	1.11.2018	8.11.2018	15.11.2018	5.15 – 6.15pm
Thursday-FOC. B28/2018	1.11.2018	8.11.2018	15.11.2018	6.30 – 7.30pm
Thursday-FOC. B29/2018	22.11.2018	29.11.2018	6.12.2018	5.15 – 6.15pm
Thursday-FOC. B30/2018	22.11.2018	29.11.2018	6.12.2018	6.30 – 7.30pm

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